

April 1-30

	Mon	Tues	Wed	Thurs	Fri	Sat
5:05	Cardio Core	Full Body Strength	Super Cardio	Stretch & Tone	Cardio Core	
8:00	Full Body Strength	STEP Aerobics	Barre	Cardio Core	Spin & Strength	
9:00	Silver Sneakers	Chair Yoga	Silver Sneakers	NO CLASS	Senior Strength	Cardio Core
10:00	NO CLASS	PWR4 LIFE-Adv	NO CLASS	PWR4 LIFE-Beg	NO CLASS	Yoga
11:00	PWR4 LIFE-Adv	NO CLASS	PWR4 LIFE-Adv	NO CLASS	PWR4 LIFE-Adv	
4:30	Full Body Strength	Cardio Dance	Cardio Core	Barre	NO CLASS	
5:30	Yoga	Express Sculpt	NO CLASS	NO CLASS	NO CLASS	
				1	2	3
5:05				Connie	Connie	
8:00				Shayla	Linda	
9:00				NO CLASS	Bri	
10:00				Bri	NO CLASS	Brittany
11:00				NO CLASS	Bri	
4:30				Bri	NO CLASS	
5:30				NO CLASS	NO CLASS	
	5	6	7	8	9	10
5:05	Connie	Connie	Connie	Connie	Connie	
8:00	Angela	Shayla	Bri	Shyla	Linda	
9:00	Nancy	Jan	Linda	NO CLASS	Bri	Connie
10:00	NO CLASS	Bri	NO CLASS	Bri	NO CLASS	Brittany
11:00	Bri	NO CLASS	Bri	NO CLASS	Bri	
4:30	Carol	Teresa	Carol	Bri	NO CLASS	
5:30	NO CLASS	Leslie	NO CLASS	Leslie	NO CLASS	
	12	13	14	15	16	17
5:05	Connie	Connie	Connie	Connie	Connie	
8:00	Angela	Shayla	Bri	Shyla	Linda	
9:00	Nancy	Jan	Linda	NO CLASS	Bri	
10:00	NO CLASS	Bri	NO CLASS	Bri	NO CLASS	Brittany
11:00	Bri	NO CLASS	Bri	NO CLASS	Bri	
4:30	Teresa	Carol	Angela	Bri	NO CLASS	
5:30	Jan	Leslie	NO CLASS	NO CLASS	NO CLASS	
	19	20	21	22	23	24
5:05	Connie	Connie	Connie	Connie	Connie	
8:00	Angela	Shayla	Bri	Shayla	Linda	
9:00	Nancy	Jan	Linda	NO CLASS	Bri	Bri
10:00	NO CLASS	Bri	NO CLASS	Bri	NO CLASS	Brittany
11:00	Bri	NO CLASS	Bri	NO CLASS	Bri	
4:30	Teresa	Carol	Bri	Bri	NO CLASS	
5:30	Jan	Leslie	NO CLASS	Leslie	NO CLASS	
	26	27	28	29	30	
5:05	Connie	Connie	Connie	Connie	Connie	