



PARKINSON'S DISEASE MANAGEMENT PROGRAM

provides guidance, care, and support for individuals diagnosed with Parkinson's Disease.

Through Helen Keller Hospital there is help available to bridge the gap in care and better manage health throughout the lifespan of this disease. PD Professionals and services are available and will be arranged after the initial consultation.

Patients will have access to specialized services including:

- **Evaluation and Needs Assessment**
- **Fitness Assessment**
- **PWR!4LIFE Group Exercise**
- **Nutritional Consultation**
- **Evaluation and Treatment:**
 - Physical Therapy-LSVT Certified
 - Aquatic Therapy
 - Speech Therapy-SPEAK OUT! Certified

Many services are covered by insurance.

Initial consultation Fee \$50; Follow-up Consultations (not including services covered by insurance)-\$25 each



PWR!4LIFE

PARKINSON'S WELLNESS RECOVERY PROGRAM

PWR!4LIFE integrates the latest research on Parkinson's disease and Rehabilitation, Exercise, and Wellness. This is necessary to counteract the inactivity, motor deterioration, and symptoms of PD. The program allows you to optimize your brain change, brain repair, and increase your desire to participate in everyday **LIFE**. With **EARLY** intervention and ongoing programming, you can **GET BETTER** and **STAY BETTER**.

OFFERED 5 DAYS PER WEEK AT
THE KELLER WELLCARE CENTER

"We want families and patients who walk in saying 'what now?' to leave with a clear idea of what is next."

CONTACT



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