## Sponsored by:









Mail entries to:
Keller Wellcare Center
Attn: Candy Bratcher
P.O. Box 610
Sheffield, AL 35660

Or Register online at:
<a href="https://www.helenkeller.com/foundation/special-events">https://www.helenkeller.com/foundation/special-events</a>











**##**Helen Keller Hospital



One Mile Walk



# Sunset Run November 7, 2021

# 5K & 1 Mile Fun Run

PRESENTED BY:

Colbert County Medical Alliance

**Keller Wellcare Center** 

### **SUNDAY, NOVEMBER 7, 2021**

#### Time:

2:00 p.m. - 1 Mile Start 2:30 p.m. - 5K Start

#### Course:

5 Kilometers Certified – A fast course through downtown Tuscumbia. Mile splits and water stations provided. Helen Keller Hospital will provide ambulance service.

### Race Location and Headquarters:

Keller Wellcare Center Helen Keller Hospital 1021 11<sup>th</sup> St. SW Sheffield, AL 35660 (just off Jackson Highway, next to the Colbert County Health Dept.) Showers will be available.

#### **Entry Fee:**

#### 5K

Before November 3 - \$12.00 After November 3 - \$15.00 1 Mile - \$10.00

**Both -** \$20.00

#### **Packet Pickup:**

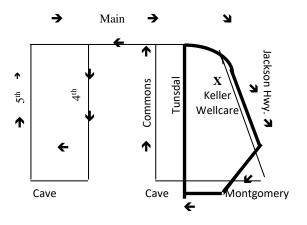
Race Day - 1:00pm - 2:30pm Keller Wellcare Center

This will be a chip timed event.

#### Awards:

All entrants will receive a T-Shirt and Post-Race refreshments.

> For More Information Contact: **Keller Wellcare Center** (256)386-4747 or e-mail candy.bratcher@helenkeller.com



#### Age Division for the One Mile Run/Walk Males and Females 0-6 35-39 55-59 15-19 7-8 20-24 40-44 60-64 25-29 45-49 65 & up 9-11 12-14 30-34 50-54 The top three male and female finishers in each age division will receive a trophy

#### Age Division for the 5K Run Males and Females 0-14 25-29 40-44 55-59 15-19 30-34 45-49 60-64 20-24 35-39 50-54 65 & up

**5K TROPHIES:** The top three males and females will each receive a special trophy (not eligible for age or master division trophy). The top three male and female finishers in each age division will receive a trophy. The top male and female master finishers (over 40) will receive a special trophy (not eligible for age division trophy).

### P.O. Box 610 Sheffield, AL 35660

#### Please Read and Sign

In consideration of the acceptance of my entry and other considerations, I for myself, my personal representative and other assigns, do hereby release and discharge the Keller Wellcare Center, Helen Keller Hospital, the City of Sheffield, the City of Tuscumbia, and all participating sponsors from all claims rising or growing out of my participation in the Sunset Run. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature
Signature of Runner or Parent's signature if runner under 18
or register online at :
https://www.helenkeller.com/foundation/special-events
Name
Address
City STZip
Phone
T-Shirt Size: S M L XL XXL
Youth Size: YM YL Gender: M F
Age on 11/7/2021Birthdate//
Email:
Pre-registration must be received by November 3, 2021
Make Checks Payable to: Keller Wellcare Center
Choose your entry:

5K	1 Mile	Both
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